



Eye-Light[®]

Informed Consent

To be filled out by the patient before each treatment

Dear Patient,

Following treatment, it is expected that you will receive benefits from the innovative treatment for dry eye syndrome using the EYE-LIGHT[®] system. This brochure contains information aimed at:

- Informing you about the stimulation of the meibomian glands through OPE[®] and LIGHT MODULATION[®] technologies;
- Verifying the absence of contraindications related to the use of those technologies.

If all conditions are met and after your informed consent, the Doctor may proceed to the treatment safely and with maximum effectiveness.

THE TREATMENT:

OPE[®]: This is a polychromatic light which, using thermal pulses, stimulates the meibomian glands to resume their normal activities. Applied to the periorbital areas and cheekbone, it stimulates the contraction of the glands thereby increasing the lipid stream and reducing the evaporation of tears.

LIGHT MODULATION[®] is a unique technology of photobiomodulation (PBM) used for many years in various fields of medicine (dermatology, dentistry, etc.). The emission of a light at certain wavelengths triggers an endogenous heating of the eyelids. This treatment facilitates the flow from meibomian glands of the oil component of the tear film, stabilising the lipid layer of the tear.

CONTRAINDICATIONS:

Treatment is contraindicated in the following cases:

- Pregnancy
- Epilepsy
- The presence of metallic piercing on the treated area
- Use of photosensitising drugs

If taking medications such as anti-inflammatories, anticoagulants, antibiotics and antihistamines, please notify your Doctor.





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RISKS AND POSSIBLE COMPLICATIONS

OPE[®] - like any other treatment of pulsed light, it may have some side effects; among the most common include: transient erythema (redness), itching and edema (swelling) and transient hyperpigmentation. The equipment emits strong intensity light which may cause, **if not properly protected**, temporary eye disorders. For this reason, for treatment the patient **should wear the protective goggles** provided by the supplier.

Light Modulation[®] - during application some temporary complications like slight pain, hyperpigmentation, hypopigmentation may appear.

TREATMENT PREPARATION

- Do not expose yourself to the sun, solar lamps, or apply self-tanning products 15-20 days before treatment.
- Do not take photosensitising drugs, or if necessary, discuss refraining from the use of such drugs with your treating doctor.
- Do not perform chemical, physical or enzymatic peels before and during the period of treatment with light technology.
- If taking medications such as anti-inflammatories, anticoagulants, antibiotics and antihistamines, please notify your treatment provider.
- If you wear contact lenses, you should remove them before starting the treatment.

AFTER THE TREATMENT

After the treatment some slight redness may appear. It is recommended not to carry out other aesthetic medical procedures on the treated areas for the duration of the cycle.

For at least 15 days after each session we suggest you to wear sunglasses.

The undersigned declares to have carefully read the information sheets attached and declares consent to undergo “DRY EYE” treatment with OPE[®] and LIGHT MODULATION[®] technologies. The treatment provider explained to me in a comprehensive way the methods of treatment, risks, side effects, the post treatment recommendations and the results that can be achieved. I had the opportunity to ask clarifying questions, and I have received satisfactory answers. I consent to be photographed and / or filmed before, during and after the sessions for the purpose of clinical documentation.

DATE

FAMILY NAME

GIVEN NAME

ADDRESS

PHONE

SIGNATURE

